



# Seaside Hallandale Beach - Senior Living Activity Calendar



## March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Daylight Saving Time</i> March 12</p>	<p><i>St. Patrick's Day</i> March 17</p>	<p><i>Spring Begins</i> March 20</p>	<p>10:00 SEASIDE FIT EXERCISE 10:30 DOMINO'S 1:30 LIFE STORIES 2:30 BOARD GAMES / DOMINO'S 3:00 RABBI COHEN 6:00 MOVIE COMEDY</p>	<p>10:00 SEASIDE FIT 10:30 DOMINO'S 10:45 LA CALENITA COLUMBIAN FOOD 2:00 HAPPY HOUR W/ MAX! 3:00 RUMMY KUBE / DOMINO 6:00 MOVIE</p>	<p>10:00 SEASIDE FIT 10:30 DOMINO'S 10:30 PUBLIX 1:00 RUMMY KUBE/ GAMES 1:30 SHABBAT 3:00 VISION BOARD 7:00 FRIDAY MOVIE</p>	<p>9:00 MORNING STRETCH 10:00 SEASIDE FIT! 10:30 DOMINO'S 1:30 SCRABBLE CHALLENGE! 3:00 BOARD GAMES/ DOMINOS 4:00 WALKING CLUB 7:00 DRAMA MOVIE</p>
<p>10:00 SEASIDE FIT 10:30 DOMINO'S 10:30 100 WORD CHALLENGE GAME 2:00 EBONY SINGS 3:00 SCRABBLE / DOMINO'S 4:00 WALKING CLUB 6:00 EVENING MOVIE</p>	<p>10:00 SEASIDE FIT 10:30 AQUA AEROBICS (POOL) EMPOWER ME! 10:30 DOMINO'S 1:30 AROMA THERAPY/ HAND MASSAGE W/ ZITA! 3:00 TALK WITH DR. ROBY ABRAHAM / TRILOGY 6:00 MONDAY AT THE MOVIES!</p>	<p><b>PURIM</b> 10:00 EMPOWER ME FITNESS 10:30 DOMINO FUN 1:30 PASSWORD GAME W/ ZITA! 3:00 PURIM HOLIDAY EVENT 3:00 BOARD GAMES AND DOMINO'S 6:00 MOVIE NIGHT</p>	<p><b>INTERNATIONAL WOMENS DAY!</b> 10:00 SEASIDE FIT EXERCISE 10:30 DOMINO'S 12:00 ASY VIOLINIST 1:00 GURU GIRL ANDREA 2:00 INTERNATIONAL WOMENS DAY SPEAKER 6:00 MOVIE COMEDY</p>	<p>10:00 SEASIDE FIT 10:30 DOMINO'S 10:45 HOLLYWOOD BEACH LUNCH! 1:00 BOARD GAMES 2:00 HAPPY HOUR WITH PAMIR! 3:00 RUMMY KUBE / DOMINO 6:00 MOVIE</p>	<p>10:00 SEASIDE FIT 10:30 DOMINO'S 10:30 10:30 WALMART 1:00 RUMMY KUBE/ GAMES 1:30 SHABBAT 3:00 VISION BOARD 7:00 FRIDAY MOVIE</p>	<p>9:00 MORNING STRETCH 10:00 SEASIDE FIT! 10:30 DOMINO'S 1:30 MUSIC WITH LUBA IN THE LOBBY! 3:00 BOARD GAMES/ DOMINOS 4:00 WALKING CLUB 7:00 DRAMA MOVIE</p>
<p>9:00 MORNING STRETCH 10:00 SEASIDE FIT 10:30 DOMINO'S 11:00 MICHAELA'S CLOSET 1:30 CARDS 4 YOU CLASS 3:00 SCRABBLE / DOMINO'S 6:00 MOVIE COMEDY</p>	<p>10:00 SEASIDE FIT 10:30 AQUA AEROBICS (POOL) EMPOWER ME! 10:30 DOMINO'S 1:30 AROMA THERAPY/ HAND MASSAGE W/ ZITA! 3:00 BINGO FOR PRIZES 6:00 MONDAY AT THE MOVIES!</p>	<p>10:00 EMPOWER ME FITNESS 10:30 DOMINO FUN 1:30 PASSWORD GAME W/ ZITA! 3:00 POPCICLE REFRESHMENT SOCIAL 6:00 MOVIE NIGHT</p>	<p>10:00 SEASIDE FIT EXERCISE 10:30 DOMINO'S 1:00 RESIDENT COUNCIL MEETING 2:00 PAINTING KINDNESS ROCKS! 3:00 RABBI COHEN 6:00 MOVIE COMEDY</p>	<p>10:00 SEASIDE FIT 10:30 DOMINO'S 11:30 PADRINO'S 1:00 BOARD GAMES 2:00 BALARINA EMILY RICCA! 3:00 RUMMY KUBE / DOMINO 6:00 MOVIE</p>	<p><b>ST PATRICK'S DAY!</b> 10:00 SEASIDE FIT 10:30 DOMINO'S 10:30 WINN DIXIE AND SHOPS 1:00 RUMMY KUBE/ GAMES 1:30 SHABBAT 3:00 ST. PATTY DAY PARTY WITH EMPOWER ME! 7:00 FRIDAY MOVIE</p>	<p>10:00 SEASIDE FIT! 10:30 DOMINO'S 1:30 100 WORD CHALLENGE 3:00 BOARD GAMES/ DOMINOS 4:00 WALKING CLUB 7:00 DRAMA MOVIE</p>
<p>10:00 SEASIDE FIT 10:30 DOMINO'S 10:30 100 WORD CHALLENGE GAME 2:00 YURY AT THE PIANO! 3:00 SCRABBLE / DOMINO'S 4:00 WALKING CLUB 6:00 MOVIE COMEDY</p>	<p>10:00 SEASIDE FIT 10:30 AQUA AEROBICS (POOL) EMPOWER ME! 10:30 DOMINO'S 1:30 AROMA THERAPY/ HAND MASSAGE W/ ZITA! 3:00 BINGO FOR PRIZES 6:00 MONDAY AT THE MOVIES!</p>	<p>10:00 EMPOWER ME FITNESS 10:30 DOMINO FUN 1:30 PASSWORD GAME W/ ZITA! 3:00 POPCICLE REFRESHMENT SOCIAL 6:00 MOVIE NIGHT</p>	<p>10:00 SEASIDE FIT EXERCISE 10:30 DOMINO'S 12:00 ASY VIOLINIST 1:00 GURU GIRL ANDREA! 3:00 RABBI COHEN 6:00 MOVIE COMEDY</p>	<p>10:00 SEASIDE FIT 10:00 GULF STREAM CASINO 10:30 DOMINO'S 1:00 BOARD GAMES 2:00 HAPPY HOUR WITH LAWVAWN! 3:00 RUMMY KUBE / DOMINO 6:00 MOVIE</p>	<p>9:00 PATIO STRETCH 10:00 SEASIDE FIT 10:30 DOMINO'S 10:30 PUBLIX 1:00 RUMMY KUBE/ GAMES 1:30 SHABBAT 3:00 VISION BOARD 7:00 FRIDAY MOVIE</p>	<p>10:00 SEASIDE FIT! 10:30 DOMINO'S 1:30 MUSIC WITH LUBA IN THE LOBBY! 3:00 BOARD GAMES/ DOMINOS 4:00 WALKING CLUB 7:00 DRAMA MOVIE</p>
<p>10:00 SEASIDE FIT 10:30 DOMINO'S 1:30 PAINTING CLASS 3:00 SCRABBLE / DOMINO'S 4:00 WALKING CLUB 6:00 MOVIE COMEDY</p>	<p>10:00 SEASIDE FIT 10:30 AQUA AEROBICS (POOL) EMPOWER ME! 10:30 DOMINO'S 1:30 AROMA THERAPY/ HAND MASSAGE W/ ZITA! 3:00 BINGO FOR PRIZES 6:00 MONDAY AT THE MOVIES!</p>	<p>10:00 EMPOWER ME FITNESS 10:30 DOMINO FUN 1:30 PASSWORD GAME W/ ZITA! 3:00 POPCICLE REFRESHMENT SOCIAL 6:00 MOVIE NIGHT</p>	<p>10:00 SEASIDE FIT EXERCISE 10:30 DOMINO'S 1:30 SCRABBLE / BOARD GAMES 3:00 RABBI COHEN 6:00 MOVIE COMEDY</p>	<p>10:00 SEASIDE FIT 10:30 DOMINO'S 10:45 LUNCH AT PIOLA 1:00 BOARD GAMES 2:00 HAPPY HOUR BIRTHDAYS WITH GRACE! 3:00 RUMMY KUBE / DOMINO 6:00 MOVIE</p>	<p>9:00 PATIO STRETCH 10:00 SEASIDE FIT 10:30 DOMINO'S 10:30 PUBLIX 1:00 RUMMY KUBE/ GAMES 1:30 SHABBAT 3:00 VISION BOARD 7:00 FRIDAY MOVIE</p>	<p><b>KEY</b> LIBRARY.....FLOOR 2 LARGE ACTIVITY.....FLOOR 1 ROOM DINING ROOM.....FLOOR 1 OUTSIDE TRIP.....BUS PATIO / POOL AREA.....POOL COMPUTER.....FLOOR 2 ACTIVITY ROOM GATHERING ROOM..FLOOR 1</p>